

EMDR Lebanon Association

presents

Early EMDR Intervention: R-TEP & G-TEP

1½-Day Workshop

8½ hrs. Instruction & Practice

EMDRIA Credits: 8 CEU

This workshop will be in English & translated to Arabic

Presenter: **Ms. Asena Yurtsever** (*Istanbul, Turkey*)
Accredited EMDR consultant in EMDR Europe

Date: **25th & 26th of April, 2015**

Time:

- **Saturday from 9:30am to 4:00pm** (*including lunch & coffee breaks*)
- **Sunday from 9:30am to 1:30pm** (*including coffee breaks*)

Location: **Ramada Plaza Hotel** - *Beirut, Raouche region, Australia Street*



Workshop Description:

This workshop aims to teach clinicians who are trained in EMDR therapy, an early EMDR Intervention protocol developed by Elan Shapiro called Recent-Traumatic Episode Protocol (R-TEP) with its variation Group-Traumatic Episode Protocol (G-TEP). R-TEP gives importance to safety and containment and applies the 8 phases of EMDR protocol for early intervention of recent traumas. G-TEP is a simplified adaptation of the R-TEP and is used with groups of adults, adolescents, and older children who have had recent traumatic experiences or life-changing events with on-going consequences that are not necessarily recent.

Program Objectives:

The clinician will be able to:

- Describe and distinguish between different EEI protocols and R-TEP.
- Identify when Early EMDR Intervention is appropriate.
- Identify the main concepts of R-TEP & G-TEP.
- Use different early intervention measures for safety and containment.
- Describe and demonstrate how to use G-TEP worksheet.
- Apply the 8 phases of EMDR protocol for recent traumas in R-TEP & G-TEP.

Biosketch of Presenter:

Asena Yurtsever: is a clinical psychologist since 2002 and an EMDR consultant since 2005. She is also working on becoming an EMDR trainer and her supervisor is Mr. Emre Konuk. Asena works in DBE – Institute for Behavioral Studies (Istanbul, Turkey) where she provides psychotherapy for adolescents and adults, gives training and workshops on EMDR therapy and “Trauma”, and leads art psychodrama groups. She is a founding member of EMDR Turkey Association and she is also its vice president.

Research & Publication done:

- **Yurtsever, A.** (2015) “Mingo’s Discoveries The Jumping Leaf” Rakun Publications Istanbul
- **Yurtsever, A.** (2014) “Art Psychodrama” . Okuyan Publications , Istanbul
- Konuk, E., Epozdemir, H., Haciomeroglu, S., Aydın, Y.E., **Yurtsever, A.** (2012) EMDR Treatment of Chronic Daily Headache and Migraine. Journal of EMDR, Feb.
- Konuk, E., Knipe, J., Eke, I., Yüksek, H., **Yurtsever, A.** & Öztep, S. (2006). Effect of EMDR therapy on post-disaster traumatic stress disorder in survivors of the 1999 Marmara, Turkey Earthquake. *International Journal of Stress Management*, 13, 291–308.

Eligibility Requirements for Participation:

To participate in this workshop, it is necessary that the psychologist be *trained in EMDR therapy*, have *completed Level 2 of Basic EMDR Training Course*, and *received its “Certificate of Completion”*.

Registration:

1. For ***member of EMDR Lebanon Association***, to register for this workshop, please send an email to Ms. Lina Ibrahim at lina_f_ibrahim@hotmail.com and the method of payment will be sent to you.
2. For ***non-member of EMDR Lebanon Association***, please send an email to Ms. Lina Ibrahim at lina_f_ibrahim@hotmail.com with *copies of “Certificate of Completion” of Basic EMDR Training Course & your CV* & the method of payment will be sent to you.
3. **Fees:**
 - ➔ Participants who are members of EMDR Lebanon Association = \$200
 - ➔ Participants who are not members of EMDR Lebanon Association = \$250

N.B. Full Attendance is a must. It is important to note that the “Certificate of Attendance” will not be delivered for those who miss any of the sessions.

Contacts:

For more information, please contact a board member from EMDR Lebanon Association:

- ◆ Ms. Lina Ibrahim 00961-3-819093 or lina_f_ibrahim@hotmail.com
- ◆ Ms. Carla Sarkis 00961-3-699471 or sarkis.carla@gmail.com